



April, 2009

Community Events:

- SPOT Dance group beginning March 14. Contact Robbie Holen at SPOT for more information
- UCP Adaptive Bike and Recreation Fair: Saturday, April 18, 2009 at Whitney Recreation Center from 1:30 to 4:30 pm

Welcome

- Kelsey Fransen, PT has recently joined the team at SPOT. She is a physical therapist who is a graduate from the College of St. Scholastica, and has experience in the areas of orthopedic treatment and bowel/bladder dysfunction.
- Michelle Moynan, PTA has been a part of our team since October. She is a physical therapy assistant who has extensive experience in orthopedic treatment.
- Josh Erickson HHA is a home health aide with SPOT Home Care. Josh is attending nursing school at St. Cloud State University

Welcome to SPOT!

SPOT Rehabilitation

The Dance SPOT

"Dance is the hidden language of the soul," said Martha Graham, a US choreographer and dancer. For children and adolescents with special needs, there are few opportunities available for them to express this language, although we are trying to change that

In 2007, several therapists at SPOT Rehabilitation organized an all-abilities dance group, open to children of all ability levels and all ages. The goal of the group was to provide a recreational activity that the children and parents would enjoy. Their first season was successful, and ended with a recital in June, 2007.

In March, 2008, they began their second season. They had approximately 15 dancers with a broad age and ability range. They held

seven practices at SPOT Rehabilitation, and had their recital at Sauk Rapids Middle School in early May, 2008. On October 20, they held their first public performance at the Celebration of Abilities, an event sponsored by the Central Minnesota Disability Task Force. There were eight dancers who performed for the crowd of several hundred people. The dancers received a very warm reception from the audience. The dancers also performed on November 8, 2008 at the Apollo Astronettes annual dance show. The dancers performed in front of hundreds of people, and the performance was wonderful. It is magnificent to see the sense of accomplishment the dancers have during and after a performance.

This program could not have been possible if it wasn't for

the assistance of several of the dancers from the Apollo Astronettes Dance Team. They were present for all of the practices and performances to help the dancers perform their routines. They also choreographed and instructed the dancers during our 2008 season.

The SPOT Dancers will be starting their third season of dance in March, 2009. Dancers and helpers alike are needed. Practices will be held every Saturday morning from 10-11 at SPOT Rehabilitation. Please contact Robbie at SPOT Rehabilitation at 320-259-4151 if you are interested.



Kids' Christmas Party a Success

Thank you to the following area businesses for their support for our party!

- | | |
|---|---|
| <ul style="list-style-type: none"> • Reliable Medical Supply • Bremer • KDV • Great Steps • Foot Support • Dale Ritter • Care Transportation, Inc. • The Bridge • Wheelchairs Plus • Great Clips • Bonanza • Batteries Plus • Applebee's • Arby's • Crafts Direct • Kinko's • Walgreen's • Taco John's • Burger King • Village Gifts • Scheels • Target • Cashwise | <ul style="list-style-type: none"> • LeAnn Chin • Comfort Keepers • Tandem Orthotics and Prosthetics • Sam's Club • Mongo's Grill • Home Instead • Casey's General Store |
|---|---|



Our annual Kids' Christmas Party was held on December 29, 2008 this year and was a well-attended event! There were games, activities and a visit from Santa! Puppet Outfitters, once again, provided entertainment for the party. The party was well-attended by the children and their families.

(left) Kathy Trueman shows her holiday spirit helping with a game

SPOT Rehabilitation

2835 W St. Germain St.
Suite 300
PO Box 7729
St. Cloud, MN 56301-7729
Phone: 320-259-4151
Fax: 320-259-5707
E-mail: spot@spot-rehab.com

Our Mission

We believe the clients are the most important people at SPOT Rehabilitation. They are not dependent upon us - we are dependent upon them. They are not an outsider to our business...they ARE OUR BUSINESS. We believe that all clients deserve thoughtful consideration, respect, compassion, and love.

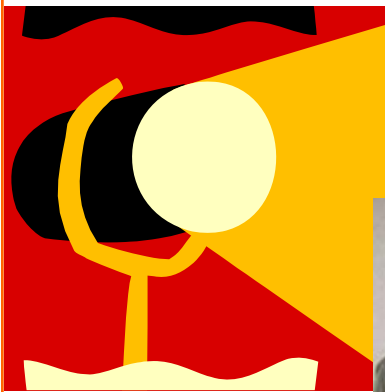
YOU HAVE A RIGHT...

You, as the patient (or patient representative) have the right to request your own therapy provider. All you need to do is request that your doctor give you the written therapy order, or fax the therapy order to your provider of choice.

WE ARE HERE TO HELP YOU!

We make every effort at SPOT to ensure that your rehabilitative needs are met to your fullest expectation. We make every effort to offer convenient scheduling options, consistent therapists to provide therapy, and the highest quality of care that you and your family deserve. If you have any suggestions for us, please contact us at our e-mail address or through our website www.spot-rehab.com

Check out our Website!
www.spot-rehab.com



SPOT-light on....SPOT Home Care

